

Location: UHNBC Contact: Dr. K. Cunniffe **Date:** April 2018 - April 2019

BACKGROUND

Physicians and others have raised concerns with the lab's response time to providing blood work results in the Emergency Department (ED) at UHNBC. Lab staff have not had significant increases to the number of full time equivalents in the department over a number of years despite large increases in the workload. This has led to an increasingly stressful work environment and stresses to other parts of the hospital system.

PROBLEM STATEMENT

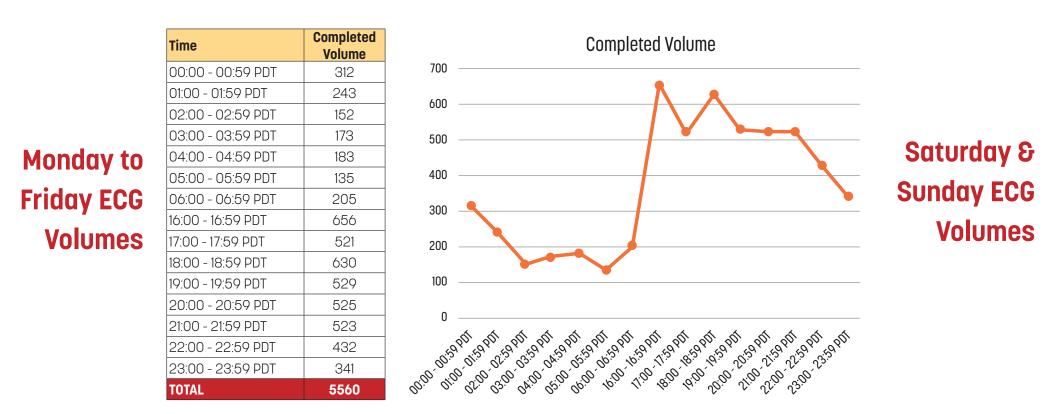
There was too much variability in the amount of time it took to get lab results once the ED physicians ordered them. It could take anywhere between 36 minutes and 5 hours to get lab results. The median amounts of time for each step in the process, from the labs being ordered to the labs being verified and ready for the physicians, is seen in the table to the right.

	2016	2017	2018	Difference from 2016 - 2018	% Change
Blood	1089063	1095899	1148934	1	5.5%
Body Fluid	2390	2845	3169	779	32.6%
CSF	757	663	905	148	19.6%
Hold	4635	7202	8521	3886	83.8%
Whole Blood	19577	21258	23021	3444	17.6%

In the last 3 years, there was a significant increase in the workload for the UHNBC lab department, as can be seen in the table above.

CHANGE IDEAS

To trial having two extra lab assistants; one would help improve lab response time in the ED and the other would help with earlier sample collection throughout the hospital. The ED would be supported with an extra lab assistant during peak ECG times based on analysis of ECG ordering patterns: • 1500-2300 Monday to Friday / 1300-2100 on Weekends



A morning lab assistant would support early discharges from the rest of the hospital and the ED. • 0600-1000 (7 days a week)

Also noteworthy: having extra lab assistants ensures that lab technologists remain in the lab to expedite sample processing, rather than being called away to help with sample collections.

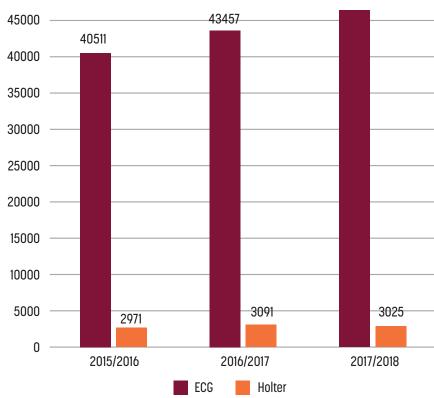


Doc orders Lab	Lab entered into the System	Lab Collected Sample	Sample Received in Laboratory	Sample on MPA	Sample Analyzed	Lab Verified
6 r	nin					
	9 min					
		9.5	9.5 min			
			6 min			
				39 min		
					4	min
	1		1 hour 21 min			

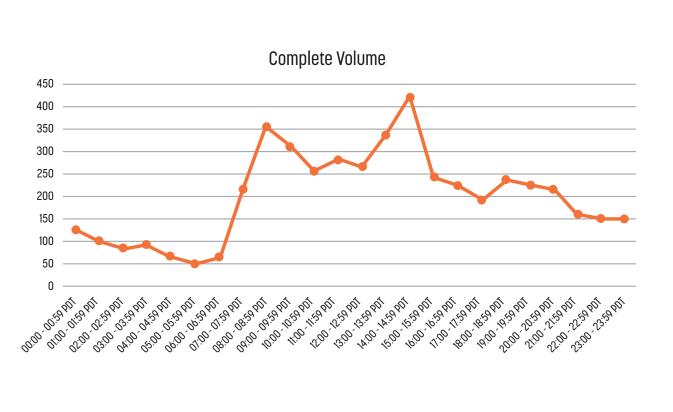
50000

In addition to the blood work that the lab assistants needed to collect, they were also responsible for performing the ECGs that were ordered. The volume of ECG orders at UHNBC has gone up by 6000/year in the last 3 years.

ompleted ECG/Holter Volume



Time	Completed Volume	
00:00 - 00:59 PDT	128	
01:00 - 01:59 PDT	104	
02:00 - 02:59 PDT	87	
03:00 - 03:59 PDT	93	
04:00 - 04:59 PDT	68	
05:00 - 05:59 PDT	51	
06:00 - 06:59 PDT	65	
07:00 - 07:59 PDT	221	
08:00 - 08:59 PDT	356	
09:00 - 09:59 PDT	311	
10:00 - 10:59 PDT	258	
11:00 - 11:59 PDT	283	
12:00 - 12:59 PDT	267	
13:00 - 13:59 PDT	338	
14:00 - 14:59 PDT	424	
15:00 - 15:59 PDT	244	
16:00 - 16:59 PDT	226	
17:00 - 17:59 PDT	193	
18:00 - 18:59 PDT	240	
19:00 - 19:59 PDT	226	
20:00 - 20:59 PDT	218	
21:00 - 21:59 PDT	161	
22:00 - 22:59 PDT	152	
23:00 - 23:59 PDT	151	
TOTAL	4865	



RESULTS

Percentage Cases	Baseline	Pilot
Less than 1 hour	21%	38%
Less than 1 hour 30 min	68º/o	75%
Great than 2 hours	9º/o	6º/o
Greater than 2.5 hours	3º/o	1º/o

In addition to the ED, the entire hospital benefitted from the trial because morning lab work was available earlier to help physicians make decisions about discharge while doing their morning rounds. On the surgical floors complete lab work was available for review by 0809 (median time) which was an improvement from 0935 (median time) prior to the trial.

- 100%
- 80%
- 60%
- 40%
- 20%
- 0%

Staff in the lab were also surveyed.

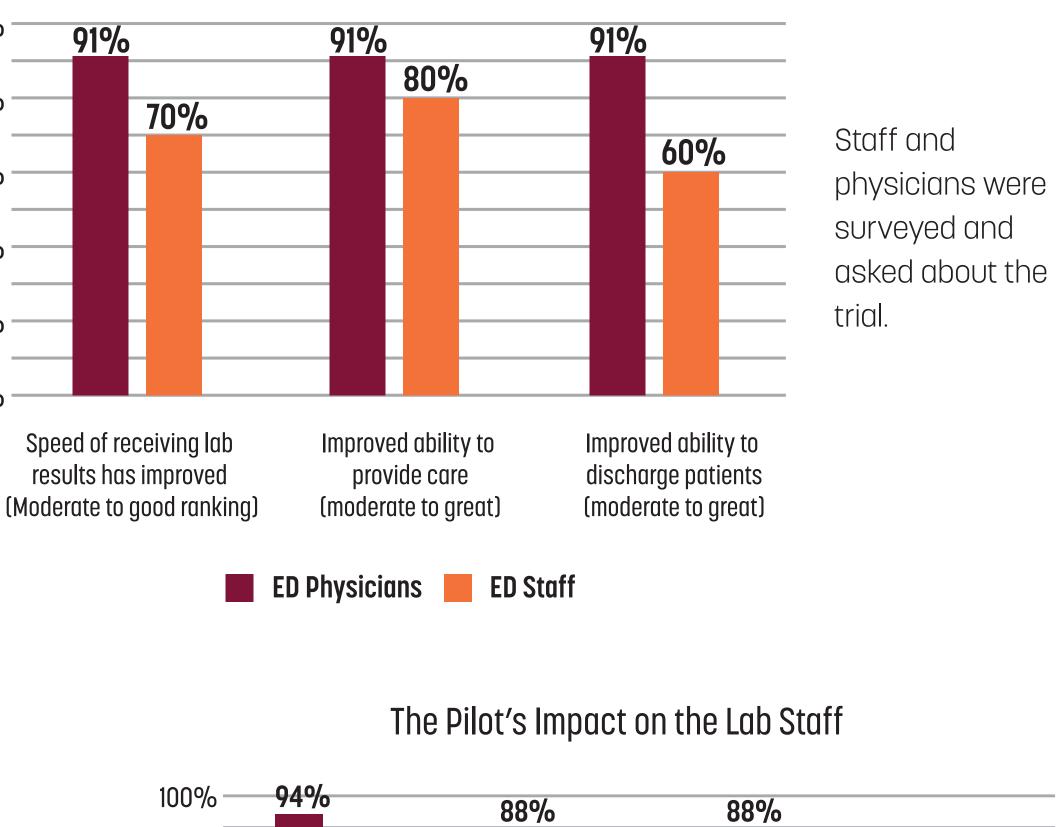
UHNBC Emergency Department and the Lab Quality Improvement Project

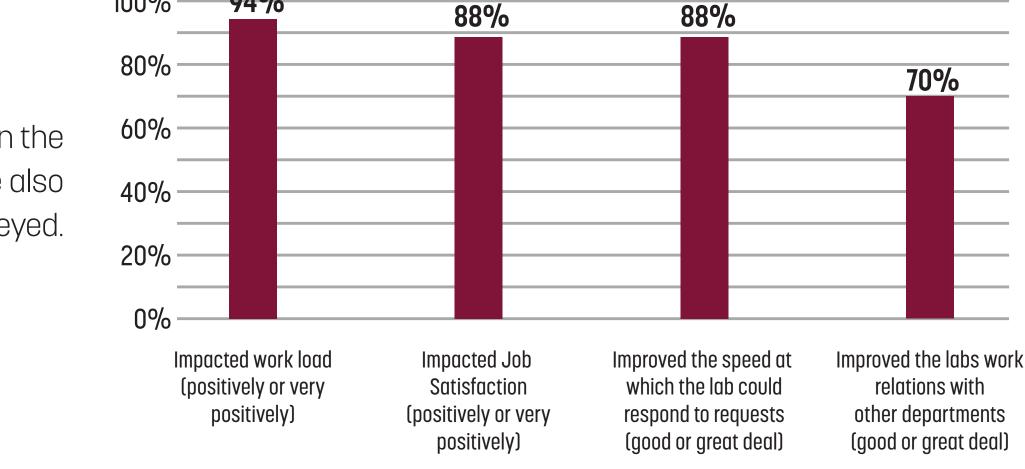
AIM STATEMENT

To improve the variability in the time it takes for physicians to receive their lab work results by 30% by April 2019 in the UHNBC Emergency Department.

The variability in the amount of time it took to get lab work results improved to a range of 35 minutes to 3.5 hours. There was improvement seen in the percentage of cases done in a specified time period across the board.

Pilot Feedback from the Emergency Department





NEXT STEPS / **SUSTAINING THE** GAINS

The project was hugely successful with physicians and staff; a business case is being developed to sustain the changes.

NEXT STEPS....

- 1. Improving the percentage of ED labs available in under 1 hour
- 2.Ensuring lab results are available in the early morning to enable earlier discharges, improve hospital-wide patient flow and help with overcapacity issues
- 3.Continue to examine the optimal times of day to have extra lab assistant shifts

TEAM MEMBERS

Dr. Kathleen Cunniffe (ED Physician), Dr. Melissa Dymond (ED Physician), Roma Toor (Diagnostics Manager), Darcy Hamel (Manager High Intervention), Caroline Perrin (Specimen Logistics Charge Technician), Laura Elsenheimer (Chief Technologist Laboratory UHNBC), Shelley Movold (Physician Quality Improvement Coach)

PRIMARY EMAIL CONTACT: cunniffek@gmail.com **SECONDARY EMAIL CONTACT:** shelley.movold@northernhealth.ca