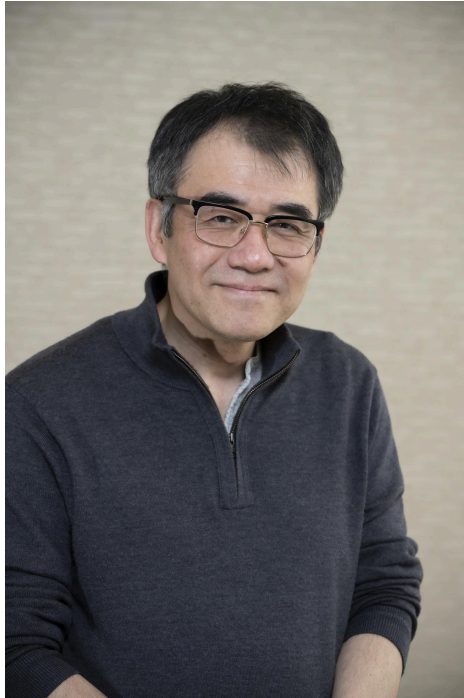


## Who are the Northern Health PQI/SQI team?



Who are you and what's your role on the team?

Dr. Shyr Chui, a radiologist, and currently the Physician Quality Improvement Champion for UHNBC. I help with teaching QI science, mentoring physicians and generally supporting the program. In return I get to write for this newsletter, host a podcast and make cool videos. It scratches a creative itch.

What are you reading at the moment? Is it any good? I'm a non-fiction junkie and have a terrible habit of starting new books without finishing one first. Currently enjoying "A Paradise Built in Hell" by Rebecca Solnit and re-reading Adam Grant's excellent "Give and Take". I've written most of the non-fiction book reviews for this newsletter, so you can check there for some recommended reads.

What's your favourite genre of music and your all time favourite song? I'm always switching between genres and I'm just coming out of an EDM phase. I'll always come back to Radiohead though and every song on OK Computer is a favourite of mine.

What personal, non-work related achievement are you most proud of and why? Bringing the house down at a local talent show 10 years ago with my rendition of Rudyard Kipling's poem "If". Audience members still mention it when I bump into them.

What's your family's favourite or quirkiest Christmas/Holiday tradition? I always start filling our Christmas hamper with goodies from the end of November ready for the Christmas holidays. My family starts secretly stealing and eating items out

of it from mid-December and I'm usually racing to keep it topped up by the time Christmas Day arrives.

What's your favourite food and what foods would you pass on every time?

Thick-cut marmalade made with bitter Seville oranges on slices of crusty white buttered toast. Add some good coffee and it's the perfect breakfast.

Where and when was your most favourite vacation ever? Why was it so special?

Hiking the Alps with my wife in the Tyrol, Austria. Stunning scenery and usually a pub to be found halfway down every mountain. Sometimes it's the simple things...

What is one thing that most people don't understand about your job which you'd like them to know? As radiologists, our breadth of knowledge is astonishing.

Literally the whole of medicine comes through the doors of medical imaging. But that same knowledge is really quite shallow. Still, it's quite nice knowing a little bit about everything ha ha!

What was a single piece of wisdom or famous quote that has influenced your life in a profound way? "90% of success in life is just showing up" - Woody Allen.

Most people don't show up for things.

Favourite movie/book/poem (pick one) of all time and why? *Sea-Fever* by John Masefield. It describes perfectly the ocean's irrepressible pull on me and my love of sailing.

I must go down to the seas again, to the lonely sea and the sky,  
And all I ask is a tall ship and a star to steer her by,  
And the wheel's kick and the wind's song and the white sail's shaking,  
And a grey mist on the sea's face, and a grey dawn breaking.

I must go down to the seas again, for the call of the running tide  
Is a wild call and a clear call that may not be denied;  
And all I ask is a windy day with the white clouds flying,  
And the flung spray and the blown spume, and the sea-gulls crying.

I must go down to the seas again, to the vagrant gypsy life,  
To the gull's way and the whale's way where the wind's like a whetted knife;  
And all I ask is a merry yarn from a laughing fellow-rover,  
And quiet sleep and a sweet dream when the long trick's over.

When you were at primary school, what did you want to be when you grew up? Why didn't you? I so wanted to be a race car driver, but I could never see a path through to that goal. Still can't.

In your QI coaching experience, what's your most frequently offered piece of advice to QI project leads? Each QI project is different from every other. Although there are roadmaps and evidence-based methodologies, we're all sort of winging it each time. So cut yourself a little slack. It gets easier the more times you do it.